



NATIONAL PROVIDER No 31942

CANDIDATE HANDBOOK

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INTRODUCTION

Welcome to Fitness Industry Training. This Candidate’s Handbook has been prepared for candidates enrolling in training programs with Fitness Industry Training. It provides essential information that will assist you as a prospective candidate prior to enrolment to make an informed decision regarding enrolment. In this handbook you will find information regarding

- The structure and operations of Fitness Industry Training
- Training & assessment services on offer
- Procedures for recognition of prior learning
- Complaints and appeals processes
- Policies regarding safety and discrimination
- Candidate services and the privacy of your information,

Fitness Industry Training is a Registered Training Organisation (RTO) that has been accredited by a successful audit against the rigorous Australian Quality Training Framework (AQTF). The AQTF sets the benchmark for national training and assessment programs in Vocational Education and Training (VET) in Australia. The AQTF ensures that consistent, high quality training and assessment programs are delivered to clients in the VET sector.

Since its inception on 1st July 2007, the AQTF has delivered nationally endorsed Training packages of the highest quality to candidates in the VET sector. Employers recognise the high level of competency gained by candidates that have participated in AQTF programs. The AQTF has the advantage of being able to deliver training packages in different locations without compromising any of the quality in its service delivery.

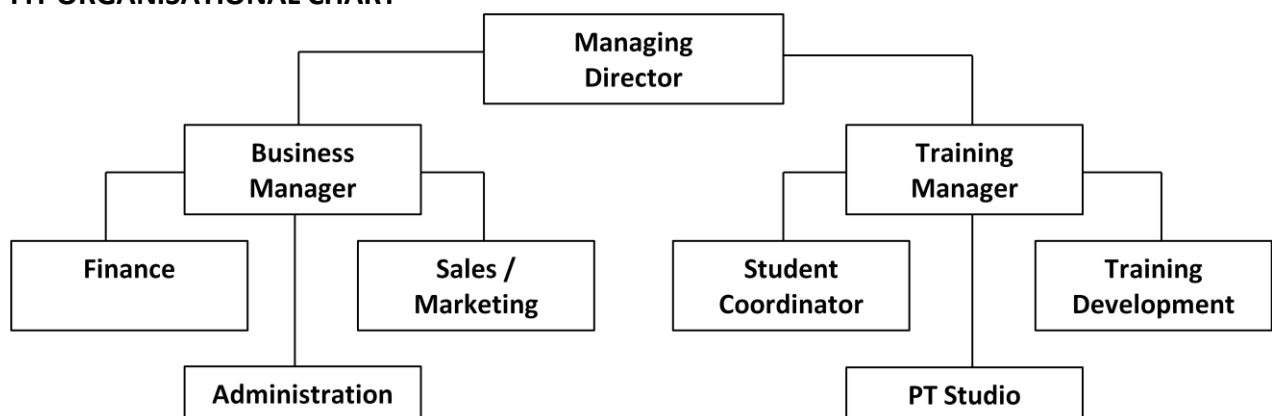
Fitness Industry Training is committed to best practice, and is continually seeking improvement in the development and delivery of AQTF programs. Fitness Industry Training program milestones and outcomes are compared against the National Quality Council (NQC) indicators to identify areas of competency and improvement.

Team members at Fitness Industry Training are available to answer any questions that you may have regarding the information in this handbook and can be contacted on

Phone: 07 3862 1414

Email: info@f-i-t.com.au

FIT ORGANISATIONAL CHART



AUSTRALIAN QUALITY TRAINING FRAMEWORK (AQTF)

■ **AQTF Essential Conditions and Standards for Initial Registration**

Applicants seeking to become a registered training organisation (RTO) must meet these conditions and standards in order to be registered to deliver and assess nationally recognised training and issue nationally recognised qualifications. The *AQTF Essential Conditions and Standards for Initial Registration* includes nine Conditions of Registration and three Standards. The focus of these conditions and standards is the demonstration of preparedness to deliver quality training and assessment services.

■ **AQTF Essential Conditions and Standards for Continuing Registration**

RTOs must meet these conditions and standards in order to deliver and assess nationally recognised training and issue nationally recognised qualifications. The *AQTF Essential Conditions and Standards for Continuing Registration* includes nine Conditions of Registration and three Standards, with a strong focus on continuous improvement, as well as a requirement for RTOs to gather information on their performance against three Quality Indicators.

■ **A focus on outcomes**

The Standards and their elements specify the key requirements to be met by each RTO. The *AQTF Essential Conditions and Standards for Continuing Registration* do not specify detailed processes but explain the outcomes to be achieved through the application of each Standard. An RTO must be able to show, through systematic approaches to management and continuous improvement, that it is focused on improving its outcomes in relation to each Standard.

The AQTF Quality Indicators support the outcomes focus of the Standards by giving an overall picture of how well an RTO is meeting client needs.

■ **A systematic approach**

A systematic approach to the management and delivery of services helps an RTO to meet the registration requirements throughout the registration period. Systematic approaches are planned, purposeful and repeatable actions to improve products and services for clients.

Because RTOs vary in size and complexity, the processes they use to comply with the *AQTF Essential Conditions and Standards for Continuing Registration* will differ considerably. For example, the quality of outcomes to be achieved by a one-person RTO, a secondary school offering school-based apprenticeships, a community-based provider, an enterprise-based RTO and a TAFE institute may be the same, but the differences in the scale and operating context of these five organisations may lead to differences in the nature of their systematic approaches and the management systems they use.

■ **Continuous improvement**

Continuous improvement is an integral part of the AQTF. Continuous improvement processes refer to the continual enhancement of an RTO's performance so that the changing needs of clients and industry continue to be met. Continuous improvement does not relate to actions to achieve compliance as such actions are considered rectifications.

An effective quality system includes processes that encourage and achieve continuous improvement. For RTOs this means developing a planned and ongoing process to systematically review and improve policies, procedures, products and services through analysis of relevant information and collection of data from clients and other interested parties, including staff. Data from the Quality Indicators provides a key tool for continuous improvement.

The value for RTOs of adopting a continuous improvement cycle is in its potential to create a stronger, more sustainable business that meets the needs of clients and stakeholders. Such a cycle also enables RTOs to adapt quickly to changing external environments, such as economic

factors and skills needs. Types of continuous improvement processes and tools are not prescribed and RTOs have the flexibility to consider their own business context and make improvements based on feedback from their clients and stakeholders.

▪ **Access and equity**

The National Skills Framework has a strong focus on providing opportunities for everyone to access and participate in learning and to achieve their learning outcomes. An RTO needs to ensure that its practices are as inclusive as possible and do not unreasonably prevent any clients from accessing its services. While access and equity are explicit in the second Standard, they are relevant to all three.

GOVERNANCE

Fitness Industry Training manages its training programs in accordance with VET state and territory legislation and regulations. As part of its training package, Fitness Industry Training encourages all participants to be familiar with the relevant legislation, Acts and the Licensing Authorities' requirements and how they impact on their workplace.

Commonwealth Legislation:

- Copyright Act 1968
- Commonwealth Privacy Act 1988 / *Privacy Amendment (Private Sector) Act 2000*
- Commonwealth Sex Discrimination Act 1984
- Commonwealth Racial Discrimination Act 1975
- Commonwealth Age Discrimination Act 2004
- Commonwealth Disability Discrimination Act 1992

Queensland Legislation:

- Children, Youth and Families Act 2005
- Disability Act 2006
- Fair Trading Act 1989
- Vocational Education, Training and Employment Act 2000
- Occupational Health and Safety Act 2004

Industry Code of Practice:

- Subordinate Legislation 2003 No. 65 Fair Trading Act 1989
- Fair Trading (Code Practice – Fitness Industry) Regulation 2003

Training Authorities:

- Department of Education and Training (DET)
- Department of Education, Employment & Workplace Relations (DEEWR)

Current legislation is available online at www.austlii.edu.au

CANDIDATE OVERVIEW

What courses can I study with Fitness Industry Training?

Fitness Industry Training strictly adheres to AQTF standards with all programs aligned to the qualifications contained in the package, ensuring best practice in service and delivery at all times. Currently Fitness Industry Training is able to offer candidates accredited training in the following qualifications:

- SRF30206 Certificate III in Fitness
- SRF40206 Certificate IV in Fitness

What qualification will I receive?

Upon successful completion of your course with Fitness Industry Training you will be eligible to receive the following award.

Course	Certificate
▪ SRF30206 Certificate III in Fitness	Qualification
▪ SRF40206 Certificate IV in Fitness	Qualification

How is training delivered?

Training courses with Fitness Industry Training are delivered by:

- Face to face classroom training
- Blended learning

What are the prerequisites?

Prerequisites are specific to individual courses. Please consult the course outline for your chosen course for prerequisite information.

How do I enrol?

Enrolment is initiated by you contacting Fitness Industry Training and we will despatch to you by suitable means an enrolment form and literature on the course(s) being considered and any other relevant documentation.

FEE STRUCTURE

Total course fee

Each qualification, unit of competency or accredited course offered by Fitness Industry Training has a specific course fee. The course fee is the maximum fee that may be charged to the candidate for his / her selected training program.

It is Fitness Industry Training's policy that the course fee will be all inclusive. Candidates will not be 'surprised' by unexpected requirements, fees or expenses. Inclusions:

- All tuition
- Support and coaching
- Specified text books
- Classrooms and facilities

Where additional resources normally associated with a program of study are required, (reference material, research documents, own computer for example) the candidate will be clearly advised of exactly what is required in the candidate study guide for that program.

Program fees are:

- SRF30206 Certificate III in Fitness \$2900
- SRF 40206 Certificate IV in Fitness \$3300

Payment required in advance

A payment of \$500 from each candidate is required prior to the commencement of training. This is an Enrolment fee which secures a student's position within the course. For students choosing to pay through Pysmart, an additional \$500 commencement fee is required.

Withdrawal fee

No withdrawal fee is applicable

Re-submit fee

No re-submit fee applies

Re-assessment fee

No re-assessment fee applies

Produce partial completion Statement of Attainment

No fee applies to produce a Statement of Attainment when the candidate has partially completed the training program and must withdraw

Re-print certification

Where the candidate requests a new copy of his / her certification the following fees apply: Replacement qualification or statement of attainment: \$45

Contact Us

TELEPHONE: 07 3862 1414

FAX: 07 3862 1434

E-MAIL: info@f-i-t.com.au WEB: www.f-i-t.com.au

The following document outlines in detail the training and assessment services that are offered by Fitness Industry Training as well as the client services that you will have access to as a candidate and the policies and procedures that support those services.

CONTRACTUAL AGREEMENT

Candidates who enrol in a training program with Fitness Industry Training should be aware that they are entering into a contractual agreement. With a view to ensuring all candidates are fully aware of their rights and obligations Fitness Industry Training will design agreements, enrolments forms, service agreements or similar using a logical format and simple English. This may include but is not limited to:

- Wording that allows the perspective candidate to know what he / she is agreeing to
- Clearly explained disclaimers
- No misleading or deceptive behaviour
- No actions, omissions or dialogue (written or verbal) that may force or coerce the candidate
- Fair dealings for disadvantaged candidates

Consumer Protection

An Australian Consumer Law provides information about the development of the Australian Consumer Law which will be a single, national law concerning consumer protection and fair trading, which will apply in the same way nationally and in each State and Territory.

www.treasury.gov.au/consumerlaw

Australian Competition and Consumer Commission (ACCC)

The Australian Competition and Consumer Commission is an independent Australian Government statutory authority. It was formed in 1995 to administer the Trade Practices Act 1974 and the Prices Surveillance Act 1983. The ACCC promotes competition and fair trade in the market place to benefit consumers, business and the community. It also regulates national infrastructure services. Its primary responsibility is to ensure that individuals and businesses comply with the Commonwealth competition, fair trading and consumer protection laws. In fair trading and consumer protection its role complements that of the state and territory consumer affairs agencies which administer the mirror legislation of their jurisdictions, and the Competition and Consumer Policy Division of the Commonwealth Treasury.

www.accc.gov

TRAINING SERVICES

Registered Training Organisations provide services for a range of clients, including but not limited to; Indigenous Councils, Multinational and Private Companies, Fee for Service, Government Funded, Trainees and not-for-profit Community Organisations.

As an established, well respected training organisation with extensive industry experience, Fitness Industry Training has provided services to a number of clients across Australia. Fitness Industry Training strictly adheres to the AQTF standards to continue delivering training services of the highest quality to their clients. All programs offered by Fitness Industry Training are aligned to the standards for quality assurance and best practice.

Currently Fitness Industry Training is able to offer candidates accredited training in the following qualifications:

- SRF30206 Certificate III in Fitness
- SRF 40206 Certificate IV in Fitness

Fitness Industry Training recognises the importance and benefits of combining industry experience with tertiary education when striving to deliver programs of highest quality and relevance to the client. Therefore all trainers and assessors employed by Fitness Industry Training have demonstrated significant industry experience in addition to obtaining tertiary qualifications, allowing them to provide a professional, well-rounded learning environment for participants. Staff members are equipped with the skills to ensure their teaching methods are suitable for all participants, utilising simple language where appropriate to communicate information most effectively.

The CEO recognises that opportunities for improvement arise in every aspect of business and has developed an organisational culture within Fitness Industry Training to capitalise on these opportunities for improved practice. Fitness Industry Training supplies feedback forms to all participants at the end of each program, as participant feedback has been identified as an important and valuable factor in monitoring and developing business practices and quality training, and ensuring the ever-changing needs and expectations of clients are being met. The CEO also welcomes feedback from other improvement opportunities such as risk assessment, participant suggestions, complaints and appeals, validation sessions and audit reports.

As a candidate with Fitness Industry Training your feedback is critical to our continuous improvement policy. Along with the formal feedback mentioned earlier, candidates are encouraged to give feedback throughout their enrolment.

In order to encourage and achieve continuous improvement based on the collection of the above mentioned data, Fitness Industry Training has developed a best practice record and registers which will include a written record of all improvement strategies and reviews.

COMPLAINTS AND APPEALS

Fitness Industry Training strives to ensure that each candidate is satisfied with their learning experience and outcome. In the unlikely event that this is not the case, all candidates have access to rigorous, fair and timely complaint and appeal processes which are outlined below. Any complaints and appeals will be reviewed as part of the continuous improvement process and where corrective action has been highlighted it will be implemented as a priority.

Complaint Policy

A complaints procedure is available to all persons wishing to make a complaint, appeal or any other manner of objection in relation to the conduct of Fitness Industry Training. The complaints procedure will address both formal and informal complaints. All formal complaints will be submitted in writing to Fitness Industry Training management and will be heard and addressed within fifteen (15) working days of receipt.

Fitness Industry Training management will maintain a Complaints Register to document the course of action and resolution of all formal complaints. All complaints substantiated by the complaints procedure will be reviewed as part of the Fitness Industry Training continuous improvement procedure.

It is the responsibility of Fitness Industry Training management to ensure adherence to the complaint procedure and that resolution is sought in all reasonable circumstances. This includes informing and assisting candidates with the complaints procedure and supply of complaint forms.

If the candidate is still not satisfied with the resolution of the complaint after following and exhausting the Complaints Procedure, the “National Guideline for Complaints” directs them to seek further assistance from the Disputes Settlement Centre, whose details are listed below:

Disputes Settlement Centre

A Division of the Department of Justice

4 / 456 Lonsdale St

GPO Box 4113

Melbourne, Victoria, 3000

Phone: 03 9603 8370

Free Call: 1800 658 528

Email: dscv@justice.vic.gov.au

A copy of the National Guideline for Complaints is available from Fitness Industry Training Management.

This process will be reviewed to align with the national guidelines for complaints.

Appeals

The Fitness Industry Training appeals process is concerned with a candidate’s right to request change to decisions or processes of an official nature, usually in relation to academic or procedural matters.

In the case of a candidate’s appeal against specific assessment decisions, the candidate should first discuss the decision/s with the relevant trainer or assessor and request re-evaluation. The trainer or assessor will hear the candidate’s appeal, make fair judgement to the best of their ability as to whether change/s are required, then discuss their final decision with the candidate.

If the candidate is still dissatisfied with the trainer or assessor’s decision, they have the right to take the appeal to the QSG management team. The formal notice of appeal is required to comply with the following principles upon submission to QSG management:

- The notice of appeal should be in writing, addressed to Fitness Industry Training for referral to the QSG management team and submitted within seven (7) days of notification of the outcome of the trainer or assessors re-evaluation process.
- The notice of appeal must be submitted within the specified time frame otherwise the original result will stand.
- If a candidate's appeal needs to be deferred due to emergency circumstances, such as in the case of serious illness or injury, a medical certificate supporting the case must be forward to QSG management. The notice of deferral must be submitted within three (3) working days of the conclusion date displayed on the medical certificate.

It is the responsibility of Fitness Industry Training management to ensure adherence to the appeal procedure and that resolution is sought in all reasonable circumstances. This includes informing and assisting candidates with the appeal procedure and supply of appeal forms.

If the candidate is still not satisfied with the resolution of the complaint after following and exhausting the Appeals Procedure, the "National Guideline for Complaints" directs them to seek further assistance from the Disputes Settlement Centre, whose details are listed below:

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Phone: 03 9603 8370

Free Call: 1800 658 528

Email: dscv@justice.vic.gov.au

A copy of the National Guideline for Complaints is available from Fitness Industry Training Management.

Complaints / appeals procedure

All persons wishing to make a complaint, appeal or any other manner of objection in relation to the conduct of Fitness Industry Training have access to the following procedure:

Informal complaint:

- An initial complaint or appeal will involve the candidate communicating directly with Fitness Industry Training verbally or by other appropriate means. Fitness Industry Training will make a decision, discuss their judgement with the candidate and record the outcome of the complaint or appeal.
- Candidates dissatisfied with the outcome of the Fitness Industry Training's decision may initiate the formal complaint procedure.

Formal complaint / appeal:

- It is normal procedure that all formal complaints proceed only after the initial informal complaint or appeal procedure has been finalised.
- The formal complaint or appeal is to be submitted in writing, and the procedure and outcome recorded by Fitness Industry Training management.
- On receipt of a formal complaint, Fitness Industry Training will convene the complaint committee to hear the complaint.
- The complaint committee will consist of a panel of with no previous involvement or vested interest in the outcome of the particular complaint or appeal. Members of the committee should include:

- Fitness Industry Training
- A Fitness Industry Training staff member
- A person independent of Fitness Industry Training (i.e. Richard Turner of TBS Consulting)
- The complainant / appellant shall be given an opportunity to present the case to the committee and may be accompanied by one other person as support or as representation.
- Staff member/s involved shall be given an opportunity to present their case to the committee and may be accompanied by one other person as support or as representation.
- The complaint committee will reach a decision on the complaint or appeal after consideration of each case presented.
- The complaint committee will inform all parties involved of the outcome in writing within five (5) working days of making the decision.

All complaints and appeals will be reviewed at Fitness Industry Training monthly management meetings. Continuous improvement procedures may be actioned when the complaint procedure results in identification of factors appropriate for improvement to internal operations. When the initial causative factor of the complaint identifies a problem with current Fitness Industry Training policies and / or procedures, the continuous improvement procedure will ensure changes are made to prevent reoccurrence of the problem.

OCCUPATIONAL HEALTH AND SAFETY POLICY

The Workplace Health and Safety Act 1995, outlines the requirements of an RTO in establishing and maintaining Occupational Health and Safety standards. The requirements of an RTO as specified in the abovementioned Act are to:

- Secure the health, safety and welfare of employees and other persons at work
- Eliminate, at the source, risks to health, safety or welfare of employees and other persons at work
- Ensure that the health and safety of members of the public is not placed at risk by the conduct of undertakings by employers and self-employed persons
- Provide for the involvement of employees, employers, and organisations representing those persons, in the formulation and implementation of health, safety and welfare standards

In order to meet these requirements Fitness Industry Training has initiated procedures, policies, guidelines and work instructions, practicing an ongoing commitment to occupational health and safety.

The purpose of this section is to present a strategic overview of the Fitness Industry Training safety system and to provide guidance for meeting the requirements of occupational health and safety on the Fitness Industry Training premises, ensuring a high standard of workplace health and safety.

It is obligation under legislation that all Fitness Industry Training employees and management contribute to and assist in maintaining occupational health and safety and risk management operations as part of their role within the RTO. Fitness Industry Training management is responsible for providing the following standards as part of the RTO's commitment to employees and clients:

- A safe workplace, with a safe system of work
- Adequate occupational health and safety professional development for Fitness Industry Training candidates, employees, management and stakeholders
- Properly maintained facilities and equipment

- A clean, tidy, suitably designed work place with the safe storage of goods such as chemicals if relevant.

The following procedures and standards must be observed to achieve a safe working and learning environment:

- Maintain a safe, clean and efficient, working environment
- Evacuation plan, (Fire and Bomb)
- Emergency Control
- Accident/ Incident reporting
- Rehabilitation
- Risk identification reporting
- PPE/chemicals (Storage)
- Manual Handling Techniques and Training
- Store and dispose of waste according to OH&S regulations
- Equipment checks and maintenance
- Equipment safe storage
- Fire hazards identified and Fire Prevention
- Candidate safety
- Unsafe situations identified and reported
- First aid and safety procedures displayed, for all RTO staff and Candidate's to see

HARASSMENT AND DISCRIMINATION POLICY

Under Australian law it is a requirement of every workplace to ensure it provides an environment free from all forms of harassment and discrimination, including victimisation and bullying. In doing so all staff and candidates are treated fairly and have the opportunity to feel safe, valued and respected.

By definition, harassment includes any form of behaviour that is unwanted, unwelcome or unreciprocated by relevant persons. This may manifest as verbal or physical harassment, but includes any acts that may be perceived as humiliating, offensive, intimidating, threatening, discriminatory or otherwise contributing to an unpleasant workplace or experience for the persons.

In the event that a person considers that he or she has been or is being harassed, this person should be encouraged to inform the other party that their behaviour is objectionable and should not be continued, provided they are comfortable with confronting the offender. In instances where the person is not comfortable discussing matters the offending party, a trainer or other Fitness Industry Training staff member should be informed of the situation. In this case it becomes the responsibility of the relevant staff to follow Fitness Industry Training policy procedures to rectify the situation.

All candidates and staff working with Fitness Industry Training have the right to discuss matters of harassment with the relevant members of staff without making a formal complaint; all discussions are dealt with in confidentiality. The right to lodge a formal complaint of misconduct against the offending party is available and will be actioned according to Fitness Industry Training policy and procedures.

Fitness Industry Training ensures that all staff members are adequately trained in dealing with harassment and discrimination in order to fulfil their roles and responsibilities in creating and contributing to a harassment and discrimination free workplace. In addition to relevant training, Fitness Industry Training management provides opportunities for communication and mentoring amongst staff to ensure that all employees understand and correctly apply the processes and procedures involved in identifying and addressing of all forms of harassment and discrimination.

Fitness Industry Training Staff and Candidate's should be aware of the following definitions:

- **Racial Harassment**
Involves a person or persons being threatened, abused, insulted or taunted in relation to their race, decent, nationality, colour, language, ethnic origin or any other racial characteristic. It may include but is not limited to; derogatory remarks, innuendo or slur, gestures, intolerance, mockery, displays of material prejudice towards a race, racial jokes, discrimination, exclusion, allocation of least favourable jobs or positions or unfair treatment.
- **Sexual Harassment**
Involves any verbal or physical conduct of a sexual nature which is inappropriate, unwelcome or uninvited. It may include but is not limited to; sexually related physical contact such as kissing, embracing, pinching or other suggestive gestures, intimidation, coercion, requests for or promising of sexual favours, questions about a person's private or sexual life, sexist or explicit jokes, unwelcome phone calls, emails or other forms non-work related communication, offensive noises or displays of sexually graphic or suggestive material.
- **Bullying**
Involves any behaviour that suggests a real or perceived power over another party or otherwise undermines a person or group, generally comprised of repeated, persistent acts over a period of time. It may include but is not limited to; verbal abuse, physical assault, intimidation, humiliation, unjustified criticism, sarcasm, insults, false or malicious rumours, exclusion or isolation, inflicting unnecessary work stresses, sabotage of a person's work or their ability to work by withholding resources or information.
- **Confidentiality**
Relates to privacy of information, ensuring that the information is only accessible to those who have the authority to access it. Within an RTO this may refer to private verbal discussions, candidate assessments, managerial decisions and legal proceedings.
- **Discrimination**
Involves the unfair or unequal treatment of another person based solely on class or category. Equal opportunity laws prohibit discrimination on the grounds of sex, marital status, pregnancy, family responsibility, family status, race, religious beliefs, political conviction, gender history, impairment, age or sexual orientation. All forms of victimisation are also treated as a type of discrimination.
- **Harassment**
Involves any behaviour intended to disturb, offend or upset. It may include any unwelcome or uninvited verbal or physical action that results in a person feeling intimidated, offended, humiliated or embarrassed. Equal opportunity laws prohibit harassment on the grounds of sex and race.
- **Personnel**
Refers to all employees contractors of Fitness Industry Training.

Victimisation

Involves any process which results in the unfavourable treatment of a person on unjust terms. It may include but is not limited to; unfair punishment, treating a person poorly for their involvement in a complaint, to swindle or defraud a person, adverse changes to another's work environment or denial of access to work related resources.

Specific principles:

- It is the right of all staff and candidate's to work and study in an environment free of any form of harassment and discrimination,
- All reports of harassment and discrimination will be treated seriously, in an unbiased, respectful and sensitive manner. Any form of harassment and discrimination is considered unacceptable behaviour and will not be tolerated by Fitness Industry Training,
- When Fitness Industry Training management is informed of any event involving harassment or discrimination, it is their responsibility to take immediate and appropriate action to address it,
- In dealing with all complaints, the rights of all individuals involved should be respected and confidentiality should be maintained.
- All complaints presented to Fitness Industry Training should be resolved by a process of discussion, cooperation and conciliation wherever possible. The aim is to achieve an acceptable outcome for the involved parties while minimising any potential damage to the organisation,
- Both the person making the complaint, and the person against whom the complaint has been made, will receive information, support and assistance in resolving the issue from Fitness Industry Training management
- Victimisation is unacceptable and will not be tolerated. No person making a complaint, or assisting in the investigation of a complaint, should be victimised,
- Harassment or discrimination should not be confused with legitimate comment and advice (including constructive feedback) given appropriately by management or trainers. Managers and trainers should be conscious of how they present their feedback to ensure the message is not misinterpreted.
- Staff and candidates should not make any frivolous or malicious complaints. All staff and candidates are expected to participate in the complaint resolution process in confidence that the procedures are designed to ensure fair resolution.

Privacy

Fitness Industry Training considers candidate privacy to be of upmost importance and will practice a high standard of care and concern in regards to maintaining candidate privacy in all aspects of business operations. Fitness Industry Training will comply with all legislative requirements including the Privacy Act and National Privacy Principles (2001).

On enrolment each candidate is given a Privacy Consent Form to read and sign, stating that they give permission for Fitness Industry Training to provide basic personal details to prospective employers. In usual circumstances, the only details required by a prospective employer would include the candidate's name, telephone number and suburb of residence, and would be supplied to employers when the candidate has achieved the qualification.

This service is provided for the purpose of improving the candidate's employment opportunities and should not be used in any other circumstances without explicit consent.

Prospective employers seeking candidate details are required to sign a declaration form in order to guarantee that all candidate details are supplied for the purposes of recruitment only. Candidate details will not be supplied until Fitness Industry Training has received the signed declaration form from the employer/s.

In some circumstances, Fitness Industry Training may be required by law or in adherence with the AQTF standards to make candidate details available to other parties. In all other circumstances, Fitness Industry Training will ensure that written permission is obtained from the candidate before releasing any details.

Privacy Principles

▪ **Collection**

Fitness Industry Training will only collect necessary information pertaining to one or more specific operations. The candidate will be informed as to the purpose for which details are being collected.

▪ **Use and disclosure**

Fitness Industry Training will ensure candidate personal information is not used or disclosed for secondary purposes without obtaining explicit consent from the candidate, unless a prescribed exception applies.

▪ **Data quality**

Fitness Industry Training will take all reasonable measures to ensure that all candidate personal information that is collected used or disclosed is accurate, current and complete.

▪ **Data security**

Fitness Industry Training will take all reasonable measures to ensure all collected candidate personal information is protected from misuse, loss or damage, and that all data and record storage is secured from unauthorised access, modification or disclosure.

▪ **Openness**

Fitness Industry Training will maintain documentation which details how candidate personal information is collected, managed and used. When a candidate makes an enquiry in relation to information collected, Fitness Industry Training will explain what information is held, for what purpose it is held, and what procedures outline the collection and use of information.

▪ **Access and correction**

Fitness Industry Training will allow candidates access to personal information held in all circumstances unless prescribed exceptions apply. If the candidate identifies errors within the information, Fitness Industry Training will correct and update to file.

▪ **Unique Identifiers**

Fitness Industry Training will not assign candidates unique identifiers except when it is necessary for efficiency of operations. Commonwealth Government identifiers, such as Medicare numbers or Tax File Numbers, will only be used for the purposes of which they were issued.

▪ **Anonymity**

Fitness Industry Training will provide candidates the opportunity to interact with the business without requiring the candidate to make their identity known in any circumstances it is practical and possible to do so.

- **Trans Border Data Flows**
Fitness Industry Training privacy protection principles apply to the transfer of data throughout Australia.
- **Sensitive Information**
Fitness Industry Training will request specific consent from a candidate in circumstances where it is necessary to collect sensitive information. Sensitive information may include but is not limited to; information relating to a candidate's health, criminal record, racial or ethnic background.

SOCIAL NETWORKING ACCEPTABLE USE POLICY

FIT welcomes all comments on any of our social networking pages i.e. Facebook. We would like to hear from our fans, clients, students, past students, friends and staff. We encourage your interaction, views, news, ideas, insights and criticisms about FIT.

At the same time, comments or added information should show courtesy and respect to others and must not use the social networking site to abuse others, expose others to offensive or inappropriate content, or for any illegal purpose.

When using our social networking page, please ensure that you:

- Do protect your personal privacy and that of others by not including personal information of either yourself or of others in your posts to the wall (for example, email addresses, private addresses or phone numbers)
- Do represent your own views and not impersonate or falsely represent any other person
- Do not be abusive, harass or threaten others
- Do not make defamatory or libellous comments
- Do not use insulting, provocative or hateful language
- Do not use obscene or offensive language
- Do not post material to the page that infringes the intellectual property rights of others
- Do not post multiple versions of the same view to the page or make excessive postings on a particular issue
- Do not promote commercial interests in your posts to the wall
- Do not include internet addresses or links to websites, or any email addresses in your post to the wall.

FIT reserves the right to enforce this Acceptable Use Policy at its discretion. FIT may remove any posted messages that it considers to be in breach of the Policy. If you have any questions about this policy, please contact us at <http://www.f-i-t.com.au/>.

FIT Social Networking Privacy Statement

Fitness Industry Training Pty Ltd records any information posted to the Fitness Industry Training Social Networking (i.e. Facebook) page and uses that information for the purpose of administering its page and considering and/or addressing any comments made.

No attempt will be made to further identify 'fans' except where authorised by law. Fitness Industry Training is not responsible for the privacy practices or content of social networking pages i.e. Facebook or any linked websites. For further information contact us at <http://www.f-i-t.com.au/>.

APPRENTICESHIPS AND TRAINEESHIPS

Fitness Industry Training delivers Traineeships under the Federal Government's New Traineeships and New Apprenticeships Scheme. In order to do so Fitness Industry Training must demonstrate compliance with the Skilling Australia Workforce Bill 2005; the Act defines the RTO obligations as compliance with the Department of Education and Training (DET) requirements for (User Choice Contract) funding of Traineeship programs including, RTO reporting obligations.

Other possible funding opportunities will also be researched by RTO Management.

Working with persons under 18 years of age

Candidates under 18 years of age may enrol with Fitness Industry Training. A child is considered any individual under 18 years of age.

It is the responsibility of Fitness Industry Training to ensure that all candidates are protected from all forms of harm, including bullying, harassment, discrimination and intimidation. All staff are required to report to the Fitness Industry Training Fitness Industry Training, any behaviour that can reasonably be considered harmful or potentially harmful to candidates, or where it is reasonable to believe that a candidate has been harmed or requires protection from harm.

In cases where allegations or information indicate it is reasonable to believe a candidate has suffered from or may require protection from harm, the Fitness Industry Training must report to the Department of Child Safety.

The initial information that a Child Protection Officer will require is:

- The name, age and address of the child or young person
- The reasons you suspect the child or young person may have experienced or is at risk of experiencing harm
- The immediate risk to the child or young person
- Contact details. You may remain anonymous; however it is preferable to provide these details so that the officer can call you if further information is needed.

If allegations may constitute child abuse by a person external to Fitness Industry Training, the RTO CEO must report the matter to the Police or the Department of Child Safety.

The RTO will comply with all relevant State and Federal legislation in the area of working with children. Fitness Industry Training management recommend that all staff obtain a Positive Notice Blue Card for child related employment. Information is available at: www.ccypcg.qld.gov.au other relevant legislation may be viewed at www.afp.gov.au

FEES AND REFUND POLICY

The RTO must protect fees paid in advance and have a fair and reasonable refund policy.

Fitness Industry Training operates predominately on a 'fee for service' training business. This means all training programs attract fees. These fees are paid by / charged to the candidate, a government agency or the candidate's employer.

Fee information is available via:

- Fitness Industry Training website
- Fitness Industry Training program brochures
- Fitness Industry Training promotional material
- Direct email

Each of these information streams will be updated regularly.

All fees will be paid at or prior to the commencement of training unless prior arrangements are made with the RTO management.

Refund Policy

An application for a refund is addressed according to the notice given by the person making the request:

- 14 days prior to the commencement of the course – 100% refund (minus \$250 admin. fee)
- Between 13 days and 7 days prior to the course - 75% refund.
- Between 6 days and the commencement of the course – 50% refund.
- Withdrawal during the course – no refund. A pro-rata credit is available so the candidate can complete the course at a later date.

All fees paid in advance are separated from the operations of the business. This is achieved by maintaining a number 2 account (deposit account) to ensure sufficient funds are always available for refund. The number 2 account is represented in the RTO's accounting system as a separate repository for funds paid in advance and cannot be accessed until the respective students commence training.

Candidate information Policy

Candidate's details will be entered into the student management database. This will initiate the commencement of the candidate's file which will become part of the candidate's records and retained on file by Fitness Industry Training. Management of the candidate's file will be in accordance with the Training Records Policy.

Candidate Training Records Policy

Upon enrolment, candidate's details will be entered into the RTO database system. This process initiates the establishment of the candidate's individual file which is then used to record all future details pertaining to the client. The file is retained by Fitness Industry Training and management of the file will be in accordance with the RTO Training Records Policy.

Fitness Industry Training will be committed to maintaining the accuracy, integrity and currency of all candidate files, as well as ensuring appropriate security of all records to uphold confidentiality and protect candidate privacy.

Individual candidate records will be stored in lockable steel filing cabinet in a locked secure office area. The electronic records are stored in AVETMIS software and are protected by password access. Further security of records is ensured by maintaining up to date virus, firewall and spy ware protection software. Electronic records are copied to a portable hard drive, every four week period. The portable disc drive is stored off site in a fire proof secure location.

Fitness Industry Training management will undertake a validation of the training records of approximately 5% of registered candidates and report the findings at the monthly management meeting.

Fitness Industry Training software and hardcopy systems will retain candidate's results for a period of not less than 30 years. Enrolment materials and training and assessment materials will be provided in electronic format wherever possible. Material that must be supplied in paper format, once utilised will be scanned and stored electronically.

Paper based records will be scanned and securely shredded every twelve (12) months in accordance with the RTO CEO's directions.

In the event that Fitness Industry Training ceases to operate, the RTO's records will be transferred to the Accreditation & Recognition Council (ARC) in appropriate format and detail as specified by ARC at the time of ceasing RTO operations.

All other records including, training records, taxation records, business and commercial records will be retained for a period of at least seven (7) years.

The RTO will ensure that any confidential information acquired by the business, individuals or committees or organisations acting on behalf of RTO is securely stored.

Access to individual candidate training records will be limited to those required by the

AQTF 2007 such as:

- Trainers and assessors to access and update the records of the candidates whom they are working with.
- Management staff as required to ensure the smooth and efficient operation of the business.
- Officers of DET, ARC or their representatives for activities required under the Standards for Registered Training Organisations.

Or those required by law such as:

- People as are permitted by law to access these records (e.g. subpoena, search, warrants, social service benefits, evidence Act), or
- Candidates authorising releases of specific information to third parties in writing.
- The candidates themselves, after making application in writing.

Recognition of Qualifications Policy

Fitness Industry Training will recognise all AQF qualifications and statements of attainment issued by any other RTO. If any ambiguity is detected when validating a candidate's certification, Fitness Industry Training will seek verification from the relevant RTO before recognising the qualification or statement of attainment.

RECOGNITION OF QUALIFICATIONS PROCEDURE

- Candidates enrolling with Fitness Industry Training will be made aware of the recognition of qualifications policy by DET staff at the time of enrolment to offer the opportunity of recognition of relevant qualifications or statements of attainment prior to the commencement of training.
- Fitness Industry Training trainers will remind candidates of the policy progressively throughout the duration of their course.
- When a candidate presents an AQF qualification or statement of attainment to a trainer or staff member, a copy of the certificates will be taken and submitted to Fitness Industry Training for verification.
- Fitness Industry Training will verify the authenticity of the qualification or statement of attainment. The verified copy of the qualification or statement of attainment is placed in the candidate's file.
- Once verification of the qualification or statement of attainment has been established, Fitness Industry Training staff will inform the candidate and offer exemption from the relevant unit/s of competency. Staff will ensure the candidate is aware of and understands what component/s of their training and assessment are affected.
- Fitness Industry Training staff will update the candidate's records accordingly.

ACCESS AND EQUITY POLICY

Fitness Industry Training is committed to practicing fairness and equal opportunity for all current and potential candidates, regardless of sex, race, impairment or any other perceived difference in class or category. The Fitness Industry Training Fitness Industry Training will address access and equity matters as a nominated part of operational duties.

Access and equity procedure

Fitness Industry Training has developed policies and procedures to guide and inform all staff and candidates in their obligations regarding access and equity. Upon induction in to Fitness Industry Training, all staff members are provided with copies of the policies which they must adhere to throughout all their operations as a Fitness Industry Training staff member. Candidates are made aware of the access and equity policy via the Fitness Industry Training Candidate Handbook and informed of their rights to receive access and equity support and to request further information.

Fitness Industry Training access and equity policies are in place to ensure that training opportunities are offered to all people on an equal and fair basis in all circumstances, irrespective of their gender, culture, linguistic background, race, socio-economic background, disability, age, marital status, pregnancy, sexual orientation or carer's responsibilities.

Practicing these policies will guarantee that any candidate who meets Fitness Industry Training entry requirements will be accepted into any training programs. If any candidate or staff member has issues or questions regarding access and equity or believes they have been treated unfairly, they will be directed to Fitness Industry Training's management for consultation.

Client Selection

Enrolment and admission into some Fitness Industry Training training programs is subject to meeting certain pre-requisite conditions. Specific details of the pre-requisites pertaining to these training programs are contained in individual course documentation and are made available prior to enrolment. In the case that a potential candidate does not meet the pre-requisite conditions, Fitness Industry Training staff will endeavour to assist them in understanding their options in regards to meeting the standards. Any questions regarding pre-requisites can be addressed by trainers or Fitness Industry Training management.

Enrolment

The enrolment procedure commences when a candidate contacts Fitness Industry Training expressing interested in a training program/s. Fitness Industry Training staff will respond by dispatching by suitable means an enrolment form, Candidate Handbook, literature on the program/s being considered and any other documentation which may be relevant.

Enrolment applications will then be assessed to ensure that the candidate meets any pre-requisites that have been set for the selected course. Candidates will be informed of successful enrolment and sent information on the course and their course induction. Candidates who do not meet the pre-requisites for the selected course will be notified of their unsuccessful enrolment and invited to contact Fitness Industry Training to discuss their training needs and alternative opportunities.

Pre-course Letter

As an additional support to enrolling candidates, Fitness Industry Training will send a Pre-course Letter to the candidate prior to the commencement of training. Information includes the time, date and location of training, the resources the candidate should bring to the course and overview of the units of competency to be studied and the format / style of training to be provided.

In addition, candidates are asked to complete a Pre-course Evaluation Checklist. Questions on this checklist are intended to gain more information regarding the needs of the candidate. Fitness Industry Training staff will evaluate the information submitted in the checklist and either make

necessary changes to meet the candidate's needs or have a discussion with the candidate regarding his / her needs.

Pre-course Evaluation checklist

The designated Fitness Industry Training staff member will receive and assess each candidate's pre-course evaluation checklist. Based on the information in the checklist, the enrolment form, interview, induction and any other relevant correspondence and conversation, Fitness Industry Training staff and management may offer additional support. Examples of the support services may include:

- Study support and study skills programs
- Language, literacy and numeracy (LL&N) programs or referrals to appropriate programs
- Equipment, resources and / or programs to increase access for candidates with disabilities
- Learning resource centres
- Mediation services or referral to appropriate services
- Flexible scheduling and delivery of training and assessment
- Counselling services or referral to appropriate services
- Information technology support
- Learning materials in alternative formats i.e. large print
- Learning and assessment programs customised to the workplace

Induction

On successful completion of the enrolment process, all candidates will undergo an induction program including:

- Introduction to Fitness Industry Training training staff
- Confirmation of the course being delivered
- The training and assessment procedures including method, format and purpose of assessment
- Qualifications to be issued

Confirmation that all of the above information was provided and handouts were distributed is required to be acknowledged by the candidate.

Language, Literacy and Numeracy (LLN) Assistance

Fitness Industry Training course information and learning materials contain written documentation and limited numerical calculations.

Fitness Industry Training recognises that not all candidates will have the same level of ability in relation to reading, writing and performing calculations. When an issue is identified by Fitness Industry Training staff or requested by a candidate, a Language, Literacy and Numeracy test will be provided to assess the candidate's ability. This process is to ensure that all candidates who commence a training program possess the skills required to understand the presented material and complete assessments.

Fitness Industry Training will endeavour to provide assistance to candidates having difficulty with language, literacy or numeracy to accommodate their needs. In the event that a candidate's needs exceed the ability of Fitness Industry Training staff to assist, the candidate will be referred to an external support agency so they have the opportunity to obtain the skills required to complete the training program.

CANDIDATE SUPPORT, WELFARE AND GUIDANCE

Fitness Industry Training will assist all candidates in their efforts to complete training programs by all methods available and reasonable.

Trainers are responsible for ensuring that all candidates are aware they can contact their trainer or other Fitness Industry Training staff members in the event that they are experiencing difficulties with any aspect of their studies. Staff will ensure candidates have access to the full resources of Fitness Industry Training to assist them in achieving the required level of competency in all nationally recognised qualifications.

In the event that a candidate is experiencing personal difficulties, training staff will encourage the candidate to contact the Fitness Industry Training who will provide discreet, personalised and confidential assistance as according to the nature of the difficulties.

In the event that a candidate's needs exceed the capacity of the support services Fitness Industry Training can offer, they will be referred onto an appropriate external agency.

Extensive information regarding support agencies, resources and services may be sources online. Fitness Industry Training staff members will assist candidates to source appropriate support.

Flexible Delivery and Assessment Procedures

Fitness Industry Training recognises that some people are better suited to learning via teaching methods not usually obtained in the traditional classroom setting. With some minor adjustments to teaching and assessment methods, a candidate who is experiencing difficulty learning and achieving the desired results in the traditional setting may show considerable improvements.

The staff and management of Fitness Industry Training respect these differences among candidates and will endeavour to make any necessary adjustments to their methods in order to meet the needs of a variety of candidates. For example, the inability to complete a written assessment will not be interpreted as a sign of incompetence, provided the candidate can verbally demonstrate competency.

Acceptable adjustments to teaching and assessment methods may include but are not limited to; having a trainer read assessment materials to candidates, having a candidate's spoken responses to assessment questions recorded, or allowing a candidate to sit for an assessment alone in a different room.

Fitness Industry Training staff will pursue any reasonable means within their ability to assist candidates in achieving the required competency standards. In the event that a candidate's needs exceed the capacity of the support services Fitness Industry Training can offer, they will be referred onto an appropriate external agency.

Discipline

Fitness Industry Training make every effort to practice co-operation and mutual respect in all internal and external dealings to uphold high quality, professional training and assessment services. The same disciplined behaviour is expected of candidates as a contribution to a functional learning environment, and as a sign of respect to staff and fellow candidates.

Any trainer or staff member who is dissatisfied with the behaviour or performance of a candidate has the authority to:

- Warn the candidate that their behaviour is unsuitable, or
- Ask a candidate to leave the class, without refund or acceptance into another course, or
- Immediately cancel the class.

If a candidate wishes to object or lodge an appeal against the disciplinary action taken, they have the right and opportunity to follow the Fitness Industry Training complaint procedure.

Fitness Industry Training staff are expected to maintain a professional and ethical working relationship with all other staff members, management and candidates. Breaches of the disciplinary standards will result in discussion between the relevant trainer and Fitness Industry Training and appropriate action will be taken.

In summary, Fitness Industry Training will provide:

- Training programs and services that promote inclusion and are free from discrimination
- Support services, training, assessment, and training materials to meet the needs of a variety of individual candidates
- Consideration of each individual's needs to provide the best opportunity for skill development and attainment of qualifications that can lead to further training or employment
- Opportunity for consultation between staff and candidates, so that all aspects of individual circumstances can be taken into consideration when planning training programs
- Consideration of the views of candidates' community, government agencies and organisations and industry when planning training programs
- Access to information and course materials in a readily available, easily understood format
- Information to assist candidates in planning their pathway from school or the community to vocational education and training

If a candidate identifies with one or more of the following priority groups he / she may be able to receive additional assistance:

- Aboriginal and/or Torres Strait Islander people
- Carers of people who are ill, aged or who have a disability
- People with a disability
- Women and girls who are returning to education and training
- Women and girls who are seeking training opportunities in non traditional roles
- Young people aged 15 to 25
- Australian South Sea Islanders
- Parental job seekers
- People with English language, literacy and numeracy needs
- Mature aged workers who require up-skilling
- Long-term unemployed and disadvantaged jobseekers
- People from different cultural and ethnic backgrounds
- People who speak a language other than English

ASSESSMENT POLICY

Fitness Industry Training will provide training services to candidate's on a 'fee for service' basis.

In developing the assessment (including RPL) for each qualification and unit of competence, the RTO CEO will ensure:

- Compliance with the assessment guidelines from the relevant training package, qualification and unit of competence of accredited course.
- Assessment leads to a qualification or statement of attainment under the Australian Qualifications Framework (AQF).
- Assessment complies with the principles of competency based assessment and informs the candidate of the purpose and context of the assessment.
- The rules of evidence guide the collection of evidence to support the principles of validity and reliability.
- The application of knowledge and skills is relevant to the standard expected in the workplace, including skills for managing work tasks, contingencies and the job environment.
- Timely and appropriate feedback is given to candidates.
- Assessment complies with the RTO's access and equity policy.
- *All candidates have access to reassessment on appeal.*

RECOGNITION OF PRIOR LEARNING POLICY

The Recognition of Prior Learning (RPL) process will be offered to and explained to all relevant candidates. All candidates will have access to the Fitness Industry Training RPL policy which is contained in the Fitness Industry Training Candidate Handbook and is available on request or downloaded from Fitness Industry Training.

Fitness Industry Training appreciates the value of workplace and industry experience and recognises that candidates will acquire vocational skills and knowledge from a variety of sources other than formal training. These skills are legitimate irrespective of how they were acquired, and the RPL process is designed to provide validation of such relevant skills.

Candidates who believe they have already obtained current skills and knowledge that would otherwise be covered in the qualification / unit of competence for which they intend to attain should apply for RPL at the time of enrolment. The candidate's skills and knowledge will be assessed and validated, and where appropriate units of competency acknowledged and face-to-face training reduced.

As part of the Fitness Industry Training enrolment policy, trainers will advise candidates of the availability of RPL policy, explain what the process involves and how it relates to the attainment of the qualification in some circumstances. Trainers will remind candidates of this option progressively throughout their time in training in order to provide multiple opportunities for candidates to engage in the RPL process.

When approached by a candidate seeking RPL, trainers will:

- Provide the candidate with copies of an RPL Application Form
- Provide the candidate with information about the types of evidence that can be used to support an RPL application
- Assess the candidates information and notify candidates of the outcome of the RPL process

To be eligible to receive an RPL as a Gym Instructor, Personal Trainer or both, the candidate will be required to demonstrate currency within the fitness industry as per the performance criteria of the current National Fitness Training Package (SRF04) i.e.

- SRF30206 – Certificate III in Fitness, and
- SRF40206 – Certificate IV in Fitness

The candidate applying for an RPL can benefit in two ways:

1. Reduced overall cost (monetary and time)
2. Reduced assessment required to finalise their qualification.

RPL FEES

Payment of fees is not required until the candidate fills out a “Student Enrolment Form” and completes and submits an “RPL Application Form”. The candidate will be required to pay an application fee of \$495.00 for each qualification the candidate is applying for. Once the Assessor has mapped the candidate’s evidence, a final fee will be given based on the fee structure detailed in the tables below.

The RPL fee for a qualification is dependant of the individual’s evidence supplied and the units of competency granted.

The successful candidate that can obtain 50% or more RPL for the units of competency in the qualification they are applying for are eligible to receive the following fees:

SRF30206 – Certificate III in Fitness	
Note: The candidate must have a minimum of 12 Units to be eligible.	
\$495.00	Up front application fee (Plus a combination of the fees below)
\$35.00	For each successful RPL Unit granted
\$100.00	For delivery and assessment of each unit needed to achieve competency

SRF40206 – Certificate IV in Fitness	
Note: The candidate must have a minimum of 10 Units to be eligible.	
\$495.00	Up front application fee (Plus a combination of the fees below)
\$45.00	For each successful RPL Unit granted
\$135.00	For delivery and assessment of each unit needed to achieve competency

Candidates that are unable to RPL up to 50% of the qualification will be required to pay the full fee of the qualification. Candidates that can supply a statement of attainment with units from the SRF04 training package will receive a cross credit and will not need to pay for these units.

Credit Transfer

Credit Transfer refers to the transferral of academic credit obtained by candidates through participation in courses or national training package qualifications with other RTOs, towards a qualification offered by Fitness Industry Training. Credit Transfer is granted on the basis that the credit validates the candidate’s competency within the relevant qualification / unit of competence. Credit Transfer of a qualification / unit of competence is available to all candidates enrolling in any training program offered by Fitness Industry Training.

Quality Training and Assessment Principles

Throughout the policies and procedures of Fitness Industry Training and in particular within Standard 1, the Principles of Assessment and the Rules of Evidence will be applied.

Principles of Assessment:

To ensure quality outcomes, assessment should be:

- Fair
- Flexible
- Valid
- Reliable
- Sufficient.

Fair

Fairness in assessment requires consideration of the individual candidate's needs and characteristics, and any reasonable adjustments that need to be applied to take account of them. It requires clear communication between the assessor and the candidate to ensure that the candidate is fully informed about, understands and is able to participate in, the assessment process, and agrees that the process is appropriate. It also includes an opportunity for the person being assessed to challenge the result of the assessment and to be reassessed if necessary.

Flexible

To be flexible, assessment should reflect the candidate's needs; provide for recognition of competencies no matter how, where or when they have been acquired; draw on a range of methods appropriate to the context, competency and the candidate; and support continuous competency development.

Valid

Assessment is valid when the process is sound and assesses what it claims to assess. Validity requires that:

- Assessment against the units of competency must cover the broad range of skills and
- Knowledge that are essential to competent performance
- Assessment of knowledge and skills must be integrated with their practical application
- Judgement of competence must be based on sufficient evidence (that is, evidence gathered on a number of occasions and in a range of contexts using different assessment methods). The specific evidence requirements of each unit of competency provide advice on sufficiency.

Reliable

Reliability refers to the degree to which evidence presented for assessment is consistently interpreted and results in consistent assessment outcomes. Reliability requires the assessor to have the required competencies in assessment and relevant vocational competencies (or to assess in conjunction with someone who has the vocational competencies). It can only be achieved when assessors share a common interpretation of the assessment requirements of the unit(s) being assessed.

Sufficient

Sufficiency relates to the quality and quantity of evidence assessed. It requires collection of enough appropriate evidence to ensure that all aspects of competency have been satisfied and that competency can be demonstrated repeatedly. Supplementary sources of evidence may be necessary. The specific evidence requirements of each unit of competency provide advice on sufficiency.

Rules of Evidence:

These are closely related to the principles of assessment and provide guidance on the collection of evidence to ensure that it is:

- Valid
- Sufficient
- Authentic
- Current.

Valid

Assessment is valid when the process is sound and assesses what it claims to assess. Validity requires that:

- Assessment against the units of competency must cover the broad range of skills and
- Knowledge that are essential to competent performance
- Assessment of knowledge and skills must be integrated with their practical application
- Judgement of competence must be based on sufficient evidence (that is, evidence gathered on a number of occasions and in a range of contexts using different assessment methods). The specific evidence requirements of each unit of competency provide advice on sufficiency.

Sufficient

Sufficiency relates to the quality and quantity of evidence assessed. It requires collection of enough appropriate evidence to ensure that all aspects of competency have been satisfied and that competency can be demonstrated repeatedly. Supplementary sources of evidence may be necessary. The specific evidence requirements of each unit of competency provide advice on sufficiency.

Authentic

To accept evidence as authentic, an assessor must be assured that the evidence presented for assessment is the candidate's own work.

Current

In assessment, currency relates to the age of the evidence presented by a candidate to demonstrate that they are still competent. Competency requires demonstration of current performance, so the evidence collected must be from either the present or the very recent past.

ACKNOWLEDGEMENT DECLARATION

I acknowledge that I (the undersigned), have read and fully understand the contents of this Candidate Handbook, which outlines the conditions my rights and responsibilities as a candidate of Fitness Industry Training.

Signature (if under 18yrs signed by guardian /Parent)

Date

Name of Witness

Date

Signature of Witness